

The Wound Pain Management Guide is based on  
“Assessing and Managing Painful Chronic Wounds:  
A Pocket Guide” developed by:

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For more information visit [www.biatain.coloplast.com](http://www.biatain.coloplast.com)



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A secondary dressing needs to be applied to keep the non-adhesive Biatain dressing in place.

## Wound Pain Management Guide

**Biatain**



# A

ssess the pain

# B

e aware of the cause

# C

onsider local

# D

o we need systemic?

Ask the patient about the pain:

Treat the underlying possible causes of pain

Manage the persistent wound pain locally

If the pain is not reduced, treat the persistent pain systemically

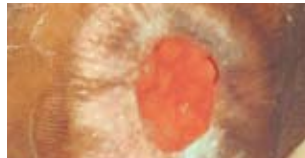
- >> Does the wound pain interfere with sleep, mobility, appetite etc.?
- >> Where is the pain located?
- >> For how long have you had the pain?
- >> How strong is the wound pain on a scale from 0-10?
- >> Can you describe the pain?
- >> Pain Scale

Possible causes:

- >> VAPF (Venous, Arterial, Pressure, Diabetic Foot)
- >> Infection



- >> Uncontrolled oedema



- >> Consider a foam dressing with exudate management and continuous local release of ibuprofen
- >> **Biatain Ibu**



- >> Refer to your pain team or specialist nurse.
- >> Further information is available from the pocket guide "Assessing and Managing Painful Chronic Wounds".

